

**Mississippi Dept of Education**  
**Coffeeville K-12 Breakfast**  
**February 2019**

Jan 17, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Feb - 18	Feb - 19	Feb - 20	Feb - 21	Feb - 22	Avg Nutrients Target
Apple Frudel	Breakfast Chicken Patty	Sausage and Biscuit	French Toast Sticks	Assorted Cold Cereals	Cals... 474 100%
Assorted Breakfast Bread	Southern Biscuit	Assorted Muffin Loaves	Assorted Cold Cereals	Strawberry Toaster	Chol... 20 mg
Assorted Cold Cereals	Mini Cinnis	Assorted Cold Cereals	Scrambled Eggs	Pastry	Sodium... 469 mg
Strawberry Toaster	Assorted Cold Cereals	Strawberry Toaster	Strawberry Toaster	Chilled Peaches	Fiber... 3.3 g
Pastry	Strawberry Toaster	Pastry	Pastry	Assorted Fruit Juices	Iron... 3.4 mg
Fresh Fruit Bowl	Pastry	Assorted Fruit Juices	Assorted Fruit Juices	Chocolate Milk	Calcium 359.2 mg
Chilled Peach Slices	Assorted Fruit Juices	Chilled Peaches	Fruit Cocktail	Low Fat Milk	Vit A 1231 IU
Chocolate Milk	Fruit Cocktail	Chocolate Milk	Chocolate Milk		Vit C 82.3 mg
Low Fat Milk	Chocolate Milk	Low Fat Milk	Low Fat Milk		Sugar 58.6*g 49.4%Cal
	Low Fat Milk	Assorted Jellies	Pancake Syrup		Prot 13.1g 11.0%Cal
	Assorted Jellies		Bacon Strips		Carb 89.0g 75.0%Cal
					T.Fat 7.6g 14.4%Cal
					S.Fat 2.3g 4.4%Cal
Feb - 25	Feb - 26	Feb - 27	Feb - 28		Avg Nutrients Target
Sausage & Pancake on a Stick	Ham Slice	Breakfast Sausage Pizza	Breakfast Chicken Patty		Cals... 461 100%
Strawberry Toaster	Southern Biscuit	Assorted Muffin Loaves	Southern Biscuit		Chol... 20 mg
Pastry	Assorted Cold Cereals	Assorted Cold Cereals	Apple Frudel		Sodium... 511 mg
Assorted Cold Cereals	Strawberry Toaster	Strawberry Toaster	Assorted Cold Cereals		Fiber... 2.8 g
Assorted Fruit Juices	Pastry	Pastry	Strawberry Toaster		Iron... 2.8 mg
Fruit Cocktail	Fruit Cocktail	Fresh Fruit Cup	Pastry		Calcium 350.1 mg
Chocolate Milk	Assorted Fruit Juices	Assorted Fruit Juices	Fresh Fruit Bowl		Vit A 946 IU
Low Fat Milk	Chocolate Milk	Chocolate Milk	Assorted Fruit Juices		Vit C 41.3 mg
Pancake Syrup	Low Fat Milk	Low Fat Milk	Chocolate Milk		Sugar 56.5*g 49.0%Cal
	Assorted Jellies		Low Fat Milk		Prot 12.9g 11.2%Cal
			Assorted Jellies		Carb 84.5g 73.4%Cal
					T.Fat 7.6g 14.8%Cal
					S.Fat 2.7g 5.2%Cal

This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.